



KidsnClicks.com

# ∴ THE ULTIMATE LIST OF SMART, EDUCATIONAL AND HEALTHY ACTIVITIES FOR KIDS ONLINE



# List of SMART Online Activities

- **Learn to code. I love Girls Who Code and Hour of Code**



<https://uk.girlswhocode.com/> 



<https://hourofcode.com/> 

- **Learn a language**



<https://mangolanguages.com/> 

- **Play Minecraft**



<https://education.minecraft.net/> 

- **Check our NASA website**



<https://www.nasa.gov/offices/education/about/index.html> 

- **Have family quick night using Trivia apps**

## tom's guide

<https://www.tomsguide.com/us/pictures-story/649-best-trivia-game-apps.html>

- **Learn how to animate, build Lego bricks, play Minecraft and many others by taking an online course**



<https://jam.com/>

- **Read stories, and learn a lot of things from Khan academy**



<https://khanacademy.org/kids?from=lohp>

- **Listen to a podcast**



<https://https://itunes.apple.com/us/app/leela-kids-for-3-15-year-olds/>

# Watch Something Fun & Educational on Netflix



## The Dragon Prince

It is an animated fantasy about two people who come together to prevent a war that is dividing their kingdom. The story has unpredictable actions which is appealing to all ages.



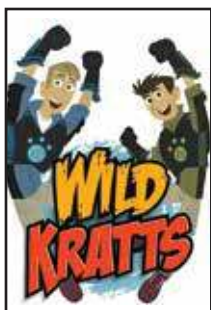
## The Big Family Cooking Showdown

This is a British cooking competition show. Family members cook together and present it to professional judges. The show emphasizes family togetherness, creativity and diversity by cooking different meals.



## Dogs

It is a 6 episode documentary about the way humans and dogs are connected with each other. Each episode is one hour long and has a different tone to it. For instance, one episode is about a group of rescue workers trying to save medically challenged



## Wild Kratts

The show is about two zoologists' adventure on exploring the wild throughout the world to learn about different animal species. Plenty of humor in the show which makes it fun for children to watch while they learn about animal endangerment.

# List of Something Healthy



## **I Am Love: Kids' Yoga Journey**

Children is guided through 13 different Yoga possess that are demonstrated by kids. This app is “Highly recommended” by the US Surgeon General as a healthy app choice. It helps kids feel great about them, reduces stress and relaxes them before bed time.

Availability: iOS & Android

Price: \$3.99 (iOS) & \$0.99 (Android)



## **Geocaching**

It is an outdoor treasure hunt game. Geocaching uses GPS coordinates in an attempt to find a specific treasure hidden at a location. The app is like a tool-box that gives you all the instructions needed to find the treasures. An adult is required to play this game.

Availability: iOS & Android

Price: Free



## **Iron Kids**

It is a fitness app developed by the American Academy of Paediatrics. It is great app for young kids who are interested to know more about fitness, strength training and balance. Children can customise the training, workouts, set reminders and goals.

Availability: iOS

Price: \$2.99



## **Zombies, Run!**

Availability: iOS & Android

Price: Free



## Sworkit Kids - Fitness Meets Fun

This app turns fitness into a fun game with customised workouts. There are intervals in the trainings to prevent kids from getting bored. It also motivates your children by asking questions like “how long can you jump with both foot?”

Availability: iOS & Android

Price: Free



## NFL Play 60

This is an augmented reality app produced by the American Heart Association. When your kids move the character will move in the same direction. Children will need to run, jump, and make turns if they want to collect coins needed for unlocking other characters. In the updated version kids can compete with other players. Be aware that there are in-app purchases with this game.

Availability: iOS & Android

Price: Free



## Fitivity

This is a huge fitness app with plenty of other apps attached to it. The app focuses on specific trainings for instance basketball, soccer, volleyball, cheerleading, rugby, and competitive swimming. You can hire a coach for your child, and watch high quality interactive videos. Think of any sports out there whether it's golfing, tennis, martial arts and many more, this app has it all covered to turn you into the best player.

Availability: iOS & Android

Price: Varied for each sport

# Be The Little Doctor (YouTube Shows)



## Dr. Binocs Digestive System

This is a cartoon character, Dr. Binocs, which shows the digestive tract using a fun and interactive video. It is very easy to follow and there are also some interesting facts at the end of the video that is exciting to learn.



## How the Digestive System Works

This cartoon video is filled with funny digestive related jokes which make it fun to watch. Children follow the character into the digestive tract and learn about the whole process, starting from the function of the mouth. The clip is about 5 minutes in length, which is great time to keep them focussed on a particular topic.



## The Digestive System Song

This video has a nice tune to help children remember some of the terms in the digestive tract. The video quality is not very great but the song itself is nice. It is worth trying to singing along with your kids to get them interested in the topic.



## What's Digestion?

The video is about a teacher in a cartoon like character teaching children about the digestive system in the classroom. . The video is under 3 minutes long but it is full of information.



## The Digestive System: A Crash Course in Biology

This video is suitable for older children who need more explanation than a cartoon. The presenter talks very fast and might put some kids off from watching the whole video. But for older children they might like it. It has realistic pictures, drawings and diagrams to help children understand the organs and the digestive process.



# Do Something Creative

## Create your own newspaper using Google Docs



<https://www.youtube.com/watch?v=-CDgbt89EvY> 


## Make a movie using adobe spark



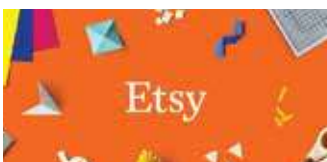
<https://spark.adobe.com/> 

## Make your own comic strip



<https://mashable.com/article/create-your-own-comics/?euope=true#wwrCL6tKpZq3> 

## Sell your own crafty projects on Etsy



<https://www.etsy.com/> 



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